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## FLEX TIME SELF-ASSESSMENT

Complete the following survey to determine if you are meeting your Flex Time goals. If you are approaching or not meeting your goals, what can you do accomplish them next week?
Think about this before filling out your process and calendar for next week!

## PREPAREDNESS

Do I consistently bring all needed materials to Flex Time?

## USE OF FLEX TIME

Do I start working promptly, quietly, and diligently? Do I consistently work until the end of the Flex Time?
Do I participate in a manner that follows Flex Time guidelines? Do I always attend Flex Time on time?


## ATTITUDE AND BEHAVIOUR

Do I follow directions quickly and quietly?
Do I show a genuine commitment to learning?
Am I consistently courteous, respectful, and responsive?

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CLASSWORK AND ASSIGNMENTS
Do I consistently complete homework?
Do I keep homework, assignments, and notebooks consistently neat
 and well organized?
Do I always submit my assignments on time?
Is all my work authentic?
Do I consistently use Flex Time to catch up on missed work when
 necessary?
Do I consistently use Flex Time to seek additional help when

necessary?

## 13-14 checks in the YES column 9-12 checks in the YES column 0-8 checks in the YES column

Meeting Flex Time goals Approaching Flex Time goals Not meeting Flex Time goals
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## FLEX TIME PLANNER

Outcome
magine the best possible outcome of achieving your wish. What is the single best outcome of fulfilling that wish? [3-6 words]
would like to achieve in Flex Time? Write would like to achieve in Flex Time? Write
something achievable but still challenging

## Obstacle

[3-6 words]

What is a specific internal obstacle that
keeps you from fulfilling your wish?
Think of one effective action you will take to overcome this obstacle:

If [obstacle]

Then I will [effective action]

When and where will this obstacle arise?

MONTH OF:


